

[PDF] America's Cheapest Family Gets You Right On The Money: Your Guide To Living Better, Spending Less, And Cashing In On Your Dreams

Steve Economides, Annette Economides - pdf download free book

Books Details:

Title: America's Cheapest Family Get

Author: Steve Economides, Annette Ec

Released: 2013-11-11

Language:

Pages:

ISBN: 1452646236

ISBN13: 978-1452646237

ASIN: 1452646236



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pdf, mobi, epub, azw, kindle

Description:

From There's no doubt that today's families can use some help in balancing the household finances, and the Economides family, headed by a former ad sales exec and his homemaker wife, deliver the

goods here. To an extreme. As founders of the *HomeEconomiser* newsletter, the couple offers plenty of helpful tips on shopping and menu planning, saving, reducing debt, and cutting back on utilities. Most of Middle America, however, will probably find their habits overly harsh. Take, for instance, their shopping routine: they make one monthly trip to the grocery store, which takes up to five hours but costs them only \$350. By freezing such items as milk, bread, and cheese for later in the month and using the more perishable fruits and veggies early in the month (saving such things as apples and carrots for the latter weeks), the Economideses feed themselves *and their five children* based on this one trip. Even though some tips advocate what others might consider garbage picking and mooching, any family with money issues will find useful information here. Especially helpful are their household budgeting techniques, adaptable to any home. *Mary Frances Wilkens*
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Review "Of all the how-to-do-it books ever written, the best and most constructively useful are the *Bible*, Voltaire's *Candide*- and this one. The time is right, right now, for somebody to give us all a top sergeant lesson in practical economics: 'There is no free lunch.' Congratulations, Annette and Steve Economides: I pray your readers will practice what you teach."

- PAUL HARVEY, legendary American radio broadcaster and host of *The Rest of the Story* on the ABC Radio Network

"If your family is struggling with debt or you find yourself spending more money than you can legitimately afford, pick up and READ this book today! Implement the strategies you find and enjoy a lifetime free of financial anxiety!"

- Glinda Bridgforth, financial coach, Oprah Debt Diet consultant, and bestselling author of *Girl, Make Your Money Grow!* and *Girl, Get Your Credit Straight!* --This text refers to the edition.

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